

THE QUEST

A Journey of Spiritual Discovery. Life is a journey, and whether you are seeking a new start, greater meaning, or joy for everyday living, there are spiritual teachings that can be used as stepping-stones to make your way easier. Join us on this yearlong adventure, based on the best-seller, *The Quest*, by Richard and Mary Alice Lafolla.

In every human heart there exists the hope of connecting with "something more." Tucked away deep within us, a part of us has always sought—yearned for—that connection.

The Quest opens the way for that connection. It presents eternal truths in a contemporary and very personal way. Whether you are just beginning your own individual quest or desire a deeper spiritual understanding, this guidebook and the accompanying activity book, *Adventures on the Quest*, will lead you with warmth and practicality through the pilgrimage of your soul.

Required textbooks: *The Quest* and the accompanying activity book, *Adventures on the Quest*

Join us every/any Wednesday afternoon beginning on January 10 from 1:15 – 3:00

Offered on a Donation basis



Education Catalog

January 2018

625 Spruce Street Winnipeg, MB R3G 2Z2

cslwinnipeg.org

Email: cslwinnipeg.org@gmail.com

DISCOVER CLASS.

DISCOVER is a 3-session, totally free class that helps you discover more about you in relationship to yourself, others, and the God of your understanding. When those relationships are good - dang, there's no telling what's possible for you!

Join us on January 7, 12, 21, 2018. 12:30 -2:00

Offered on a Donation basis

BEYOND LIMITS

10 week class on The basic principles of the Science of Mind

Did you know?

- There is a giant of goodness within you?
- You have access to infinite possibilities and potential?
- You can learn to awaken the creative expression of your gifts?
- There is no need for guilt, fear or superstition in spirituality?
- You can learn to use practical tools for everyday miracles such as guided meditation using the latest techniques as given by Dr. Joe Dispenza, empowered intentions, creative thinking, affirmative prayer, soul stirring affirmations and much more?

We invite you to ten powerful sessions that can transform your life. We will study the basic principles of the Science of Mind and Spirit and combine it with the latest science of change from physics and neuroscience to enhance your personal awakening and cultivate growth. You can thrive in an atmosphere of expansive thinking, creativity and total acceptance. Meet new friends and find support for your dreams. Give yourself the unequalled gift of what can be.

When: WEDNESDAY January 10 morning class 11am-1pm, or THURSDAY January 11 evening class 7-9 pm

Where: Center for Spiritual Living Ernest Holmes classroom

Tuition: \$295 for the entire 10 week class, payable half down, half the fifth week, you may also attend on a per class basis for \$35 per class. If you have never attended an accredited class you are invited to attend the first class at no charge to see how you like it.

Required textbooks: Breaking the Habit of Being Yourself by Dr. Joe Dispenza, How to Change Your Life by Ernest Holmes Creative Ideas by Ernest Holmes

DON'T MISS THIS SPECIAL OPPORTUNITY FOR GROWTH AND ENLIGHTENMENT! SIGN UP TODAY, SEATING IS LIMITED!

TREATMENT & MEDITATION: Spiritual Practices for Daily Living

This course focuses on the student developing lifetime habits of meditation and Spiritual Mind Treatment. Spiritual Mind Treatment for oneself is reviewed and strengthened, and then students advance to treating for other people.

Length of Course: 10 Weeks beginning Thursday April 5, 7pm

Text: Journey of Awakening - Ram Dass

Can We Talk To God? - Ernest Holmes

Suggested Tuition: \$295.00